

Sleeping children / baby policies and procedures

The aim is to ensure that children are having enough sleep for them to be able to develop and promote the best practise for all children in a safe environment.

Colyton caterpillars nursery adopts a policy of practice recommended by The Cot Death Society to minimise the risk of Sudden Infant Death. The safety of babies sleeping is paramount in the nursery and we promote good practice and ensure we are always working in partnership with the parents.

- Travel cot, prams, pushchairs and blankets will be provided by Caterpillars nursery and each child will have their own during their day at the nursery. These blankets will be washed regularly.
- They will sleep in a well vented room with the room temperature kept between 68-75 degrees F and a thermometer will be kept in the infant room.
- Sleep only one baby per cot.
- Infants heads will not be covered with blankets or bedding. Infants cots/prams will not be covered with blankets or bedding.
- No loose bedding, pillows, bumper pads will be used in the cots. Any large soft toys that have the potential to smother a baby will be removed.
- Parent/carers will provide dummies ad comforters and information on how the child likes to sleep and for how long. Bearing in mind that a child’s routine will change when they start nursery.
- When the child is put in the cot or pram their feet should be at the bottom and the child will be placed on their back
- With out glass windows the children and babies can be constantly monitored. Otherwise, they are checked regularly and recorded on a sleep note.

This policy was adopted at a meeting of the setting on (date).....

Signed on behalf of the setting.....